Abstract of the Disclosure

A method and apparatus for dispensing a unit dose product (11) from a unit dose package (10) is disclosed. The unit dose package (10) includes a first continuous strip (12) operatively connected to a second continuous strip (13) so as to provide individual segments (17) containing the unit dose of product (11). The unit dose of product (11) is dispensed by suitable method which separates the strips (12, 13) and dispensing the unit dose of product (11).